



# 2025 INTERNATIONAL PROGRAM

## Documents Required & Luggage Suggestion

### Traveling Documents

- Original Passport and (1) copy “Photo page”
- Authorization for Travel outside the United States of a Minor
- Authorization and Consent for Emergency Medical release
- Medical History: Please inform us about any medicine or alert for possible allergies.
- Travel Insurance (will be provided by Futsoccer Sporting Events)

Please inform and advise in writing, attached to the medical history document, In case of allergy or intolerance to any type of medicine or food. In the case of continuous drug use led to medical prescriptions with international regulations.

### Luggage Suggestion

#### SOCCER GEAR

Deflated Soccer Ball (1), Shorts (4), Black Socks (4), Cleats (1), Shin Guards (1), Tennis shoes (1), Futsoccer uniform kit, warmups (1), Backpack and a Small water bottle. Please have the players wear Futsoccer shirt for the team’s activity.

#### Clothing

Shirts (10), under wear (12), Socks (8), Shorts (5), Sweater (1), Pair of Jeans (1), Jacket (1), Sport pants (1), nice outfit for team party (1), Pajamas (1), Sandals or slippers (1), Cap (1), sunscreen (1), Bath towel (1), soap (1), shampoo (small), tooth Paste/Brush (1), Plastic bags.

#### Checked Luggage

Most of the Airline’s companies’ standard checked baggage / hold luggage policy details follow: 1 bag standard, Maximum dimensions: 62 inches or 157 centimeters (length + width + height).  
Maximum weight: 50 pounds or 23 kilograms

#### Carry-on Bag

The companies allow 1 carry-on bag and 1 personal item (backpack) purse, briefcase, laptop bag) per passenger fee free. Carry-on should not exceed the following size and weight restrictions: 45 linear inches (22 x 14 x 9 in) or 115 centimeters (56 x 36 x 23 cm) including handles and wheels. Fly through the security check-in in most countries by following these guidelines for your carry-on baggage: For all liquids, gels, aerosols and pastes limit each container to a maximum size of 3.4 oz. /100ml. Place all such items in a single quart-size, clear plastic, zip-top bag.

